

Nick Bagnell
Columbia Psychological Services
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EDUCATION

American School of Professional Psychology at Argosy University 01/2010-09/2015
San Francisco Bay Area
Doctorate in Clinical Psychology

American School of Professional Psychology at Argosy University 01/2010-07/2013
San Francisco Bay Area
Master of Arts in Clinical Psychology, *en passant*

CLINICAL EXPERIENCE

Columbia Psychological Services - Columbia, SC 07/2019-Present
Private Practice Psychologist

In my private practice I specialize in individual therapy and psychological assessment. My specialization is working with patients with severe and persistent mental illness, borderline personality disorder, as well as anxiety and depressive disorders. In conducting psychological assessment, I specialize in utilizing a collaborative assessment approach to evaluate a patient's cognitive and achievement functioning as well as personality and emotional functioning. I also conduct disability assessments with Veteran's Affairs.

University of South Carolina, Aiken - Aiken, SC 08/2019-Present
Visiting Professor

The University of South Carolina in Aiken has a Master's of Science in Applied Clinical Psychology is accredited by the Master's in Psychology and Counseling Accreditation Council (MPCAC). As a visiting professor, I taught a class of Psychopathology during which I guided students in the assessment and diagnosis of mental disorders listed in the Diagnostic and Statistical Manual of Mental Disorders, fifth edition (DSM-5). Students were also taught to identify suicide and violence risk factors as well as writing mental status exams.

Department of Mental Health- Columbia, SC 09/2018-07/2019
Supervising Psychologist

Werber Bryan Psychiatric Facility is an inpatient psychiatric hospital that provides services to adults deemed a danger to themselves or others, as well as one unit for forensic patients deemed incompetent to stand trial, or not guilty by reason of insanity (NGRI). I have a multi-faceted role at this facility which allows me to be involved with what is occurring at the administrative level and translating that information to counselors who provide direct services. I currently supervise 7 counselors on acute, long-term, and forensic units. I provide individual clinical and

administrative supervision, as well as training when indicated. I have completed a leadership training series based on the Studer-principles, and regularly implement them during supervision. I work to improve the day to day operations of the lodges and treatment provided to patients by: being a regular presence, providing support to treatment teams with challenging patients through assessment and behavioral plans; serving on a policy review committee; supporting counselors in the development and implementation of groups; working to develop/improve multidisciplinary relationships; developing on-call rotations on the lodges; development/implementation of a tier system on lodges to increase patient treatment hours with integrated incentive programs; development of a psychological assessment program; working with administration to set standards for active treatment to be completed counselors; conducting interviews of counselors and psychologists. I have recently developed a work group to support clinicians in increasing audit scores to 100%. I also have conducted reviews of adverse incidents that take place in the hospital, which involves conducting interviews with those involved, reviewing applicable policies, and providing a report with recommendations to the Director of Inpatient Services. I also provide individual and group therapy using a Dialectical Behavioral Therapy approach, as well as therapeutic protocols which are DBT-informed, such as Start Now. I complete disability evaluations for patients, which are submitted to applications for disability benefits. I also provide Psychodynamically-oriented treatment, such as process groups.

Department of State Hospitals- Napa, Napa, CA

07/2017-08/2018

Psychologist

DSH-Napa is a forensic inpatient psychiatric hospital that provides services to adults deemed incompetent to stand trial, not guilty by reason of insanity (NGRI), and/or are conserved. I initially worked on an admission unit that worked provided competency restoration programming to patients deemed Incompetent to Stand Trial. This treatment also involved cognitive, emotional, personality, competency and malingering assessment. I also implemented behavioral interventions to address problematic behaviors on the unit. I worked as part of a multidisciplinary team with acute patients deemed Not Guilty By Reason of Insanity. I provided comprehensive DBT, which consisted of individual therapy, skills groups, skills coaching with patients and was a part of multiple consultation groups. I was also part of the DBT implementation work group and conducted the consultation group for the nursing staff on the unit. I was responsible for evaluating patient's readiness for release into the community, which involved courtroom testimony as an expert witness. I regularly assessed suicide and violence risk, conducted psychological assessment, and developed individualized behavioral interventions.

Department of State Hospitals- Stockton, Stockton, CA

05/2016-07/2017

Unit Psychologist

DSH-Stockton is an inpatient psychiatric program that provides acute and long-term psychiatric treatment to CDCR inmates. While employed at DSH-Stockton, I provided individual and group therapy, collaborative multi-disciplinary treatment, and psychological assessment. I provided Start Now group treatment, which addresses anti-social behaviors as well as enhancing emotional and interpersonal functioning. The individual therapeutic services I provided were DBT and CBT based interventions with individuals diagnosed with psychotic disorders, mood disorders, and/or persistent emotional dysregulation. I was part of a multi-disciplinary team that

worked collaboratively to assess patient's suicide and violence risk as well as provide treatment to stabilize acute psychological symptoms. I also worked to develop behavioral plans to shape and extinguish maladaptive behaviors. I also conducted psychological and malingering assessments.

Center for Behavioral Medicine, Kansas City, MO

09/2015-05/2016

Psychology Postdoctoral Fellow

The Center for Behavioral Medicine is an inpatient psychiatric hospital that provides services to adults referred for acute and long-term inpatient treatment, forensic evaluation, competency restoration, and sexual offender treatment. My postdoctoral residency involved delivering services on one of the long-term inpatient units through individual and group therapy, working collaboratively with a multi-disciplinary treatment team, program development, and providing presentations to medical students. I was also part of the DBT treatment team, in which I received training and supervision in conducting DBT. The individual therapeutic services I provided were DBT and CBT based interventions with individuals diagnosed with psychotic disorders and/or persistent emotional dysregulation. I conducted multiple weekly groups, including: recovery-oriented group, treatment of sexual offenders using the Safe Offenders Strategies model, process group, and DBT skills group. I was also part of the multi-disciplinary team that worked collaboratively in the implementation of incentive programs for the unit and treatment planning. I worked actively on program development for the recovery-oriented programming, which involved the application of the Pathways to Recovery approach to the recovery-oriented groups. Lastly, I conducted presentations for medical students on Cognitive-Behavioral and Dialectical Behavioral Therapy.

San Antonio State Hospital, San Antonio, TX

09/2014-08/2015

Psychology Intern

As a Psychology Intern at San Antonio State Hospital, I completed three unit rotations: adolescent acute, adult acute, and forensic. On each of these rotations, I conducted group, individual psychotherapy, crisis interventions, psychological assessment, and was part of a multidisciplinary treatment team. I have been fortunate to be able to work collaboratively on program changes for the units as well as develop groups. I worked closely with my supervisor in developing a token economy that features individualized behavioral plans for clients. I implemented a process group for the adult acute setting, and also co-facilitated a group that uses cognitive rehabilitation based interventions for clients diagnosed with psychotic disorders. When completing my rotation on the adolescent unit, I developed a trauma-informed process group that emphasized psycho-education, group process, and coaching coping skills using a Trauma-Focused CBT model. While on the forensic unit, I completed competency evaluations and conducting competency restoration using both an individual and group approach. I also greatly valued the opportunity to conduct psychological assessments with a variety of measures while at San Antonio State Hospital for the purposes of for diagnostic clarification as well as evaluating an individual's ability to be restored to competency.

Argosy Assessment and Intervention Clinic, Alameda, CA
Teaching Assistant/Trainee

08/2012-07/2014

At the American School of Professional Psychology at Argosy University my roles were a combination of supervising teaching assistant and psychological trainee. I worked in conjunction with the Clinical Director and Co-Director in the implementation of the Collaborative Assessment model at the clinic. Using this model, I provided individual support to 6 practicum students with test selection, administration, scoring, interpretation, integration of results, and writing reports. As part of my responsibilities in the clinic, I also conducted and supervised trainee's intake sessions with new clients, attend weekly meetings, and conduct an eight part training for series for students who are working on their first assessments. As a trainee in the clinic, I have completed 6 psychological assessment batteries.

Saint Helena Hospital, Vallejo, CA
Mental Health Trainee

07/2012-07/2013

My responsibilities included providing support to inpatients through group and individual psychotherapy, as well as conducting psychological assessments. I conducted five group psychotherapy sessions per week with a focus on group process, social skills, and coping skills. Early in my practicum year, I identified a need for support for families of children with mental illness, and initiated a weekly support group for the parents of current clients. I completed a total of 10 integrated assessment batteries. I also completed a two-month rotation, occurring once weekly, in which I co-facilitated a support group for family and friends of clients in an inpatient substance dependency rehabilitation program. I also worked in collaboration with colleagues to develop a hospital-wide Family Program, which consisted of education and family support groups to family members and friends of clients. I was given the unique opportunity to attend "group on groups", which entailed a weekly process-oriented group that allowed me to develop group facilitation skills and role-play clinical interventions. I also attend weekly clinical assessment training, which involved test selection, case presentations, reviewing assessment literature and studies, and interpreting and integrating various emotional and cognitive measures.

Berkeley Mental Health-Mobile Crisis Team, Berkeley, CA
Mental Health Trainee

08/2011-07/2012

While at Berkeley Mental Health, I delivered services through as a part of the Mobile Crisis Team, as well as on Crisis Treatment Team and On-Duty Clinician at the Berkeley Mental Health Clinic. Mobile Crisis Team is partnered with the Berkeley Police Department providing support to the city of Berkeley. The Mobile Crisis Team provided support through psychiatric evaluations for danger to self, others, and grave disability, as well as resource referrals, crisis intervention, bereavement support, safety planning, and support to family of individuals with mental illness. Services were provided upon request of the Berkeley Police. While working in the crisis capacity, I worked with clients that were psychotic, intoxicated, actively suicidal, recently widowed, traumatized, and gravely disabled. In the Berkeley Mental Health Clinic I maintained a case load of 3 to 4 clients, providing individual long-term therapy, treatment planning, diagnostic evaluations, referral to community resources, as well as case management. As part of my duties I

also served as on-duty clinician in the clinic. My responsibilities for this role included conducting intake assessments, providing referrals to community resources, facilitating therapeutic interventions for clients in crisis, and completing psychiatric evaluations for danger to self, others, and grave disability.

PRESENTATIONS

Werber Bryan Psychiatric Hospital 12/2018
Inpatient Behavioral and Treatment Interventions

I provided an introductory presentation to Behavioral Health Assistants, Nurses, Counselors, and Clinical Directors on the implementation of behavioral plans from a Dialectical Behavioral Therapy framework. The presentation include a review of the Bio-Social model, behavioral interventions, common challenges, importance of coping skills, and a role play.

Center for Behavioral Medicine 10/2015
Cognitive and Dialectical Behavioral Therapies

I provided an introductory presentation to University of Missouri – Kansas City medical students. This included an introduction to cognitive and behavioral theory, components of CBT and DBT, and the application on an inpatient unit.

San Antonio State Hospital 12/2014
Childhood Sexual Abuse

I provided a presentation for the staff on the adolescent unit at San Antonio State Hospital, which included psychiatrists, psychologists, and social workers. The presentation consisted of a discussion regarding the prevalence, impact, conceptualization, and treatment. The goal of the presentation was to provide information regarding childhood sexual abuse, create awareness, discuss stigma, and provide recommendations for evidenced-based practice.

Argosy Assessment Clinic 1/2013-2/2013
Introduction to Assessment Scoring, Interpretation, and Writing Assessment Reports

I conducted weekly trainings for graduate students over an eight-week period, which provided support to students new to Psychological Assessment. Throughout the presentations, I reviewed test interpretation, integration, and writing psychological reports.

PROFESSIONAL MEMBERSHIPS

American Psychological Association
South Carolina Psychological Association